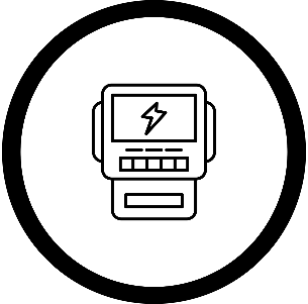


Help with bills



It is important to make sure you are paying the right amount of money for the energy you are using – provide gas and electricity meter readings every month, if you can



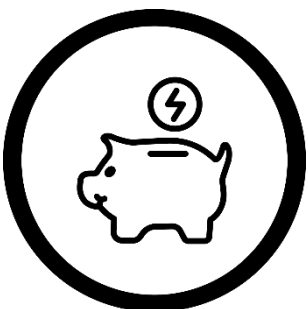
Check to see if you are in credit with your energy supplier - you could be due a refund or your direct debit could be reduced

You can do this by calling your energy suppliers – you will find their number on a recent bill



If you have a low income, you could get 50% off your water bill with Thames Water – you can call Thames Water on

0800 009 3652



Or look at their website at

[thameswater.co.uk/WaterHelp](https://www.thameswater.co.uk/WaterHelp)



If you have a low income, you could get money off your broadband or mobile phone bills

Ask your current providers about a cheaper rate or visit the Ofcom website at

[ofcom.org.uk/phones-and-broadband/saving-money/social-tariffs](https://www.ofcom.org.uk/phones-and-broadband/saving-money/social-tariffs)



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