

# Stay Active in Autumn

## Pre-entry to Entry 1

### Busy week

Words



For Pre-Entry to Entry 1 Learners

### Record Breakers

Listening



For Pre-Entry to Entry 1 Learners

## Entry 1 to Entry 2

### Activities

Grammar



For Entry 1 to Entry 2 Learners

### Play, Do or Go?

Grammar

Sports  
Play, do  
or go?

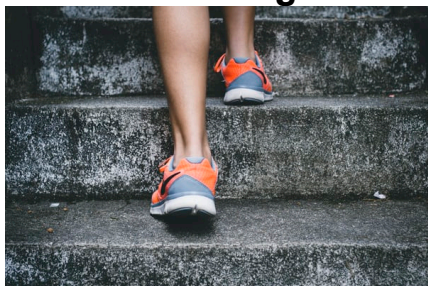


For Entry 1 to Entry 2 Learners

**Entry 2 to Entry 3**

**Being Fit and Healthy**

**Listening**



**For Entry 2 to Entry 3 Learners**

**Against The Clock**

**Reading**

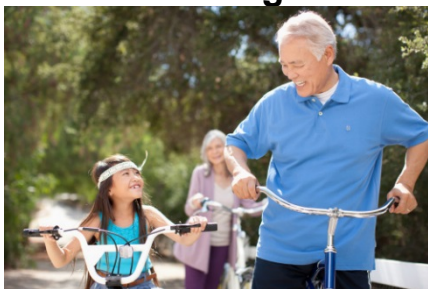


**For Entry 2 to Entry 3 Learners**

**Entry 3 to Level 1**

**Stay Active**

**Reading**



**For Entry 3 to Level 1 Learners**

**Sport Scene**

**Listening**



**For Entry 3 to Level 1 Learners**

# CAMDEN AND ISLINGTON ESOL ADVICE SERVICE

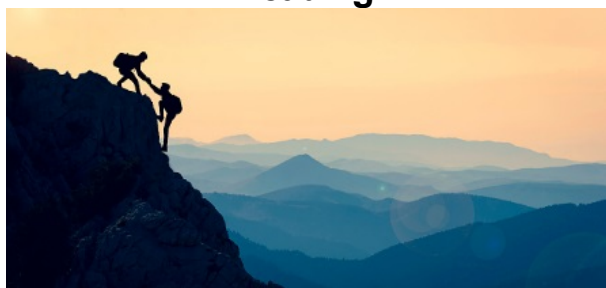
## ESOL ACTIVITIES

Monday 4 October 2021

### Level 1 to Level 2

## Mountain Climbing

Reading



For Level 1 to Level 2 Learners

## Staying Fit

Reading



For Level 1 to Level 2 Learners

### Useful links

#### Health

**GP appointments and bookings**

**NHS: 10-minute Workouts**

**Free Emergency Dentist:** Arrive at 6:30am, no appointment needed

**Mental Health Helpline – Open 24 hours a day**

#### Help and information

**Camden Cost of Living Support**

**Islington Cost of Living Support**

**Camden Digital Library:** Free eBooks and eAudio

**Islington Borrow Box:** Free eBooks and eAudio

**Citizens Advice - Housing**

**Find your local council:** Get help and information

**Free Legal Help:** For families with Children

**Barnet Refugee Service:** For Asylum Seekers and Refugees

**London Asylum Crisis Project:** For Asylum Seekers and Refugees

**Go to the next page for links to public services in Camden and Islington**

CAMDEN

020 7974 1618

[esol@camden.gov.uk](mailto:esol@camden.gov.uk)

[www.camden.gov.uk/esol](http://www.camden.gov.uk/esol)



ISLINGTON

020 7974 1930

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# CAMDEN AND ISLINGTON ESOL ADVICE SERVICE

## ESOL ACTIVITIES

Monday 4 October 2021

### CAMDEN

#### Camden Council

- **Benefits and support**
- **Children, Families and Young People**
- **Education**
- **Crime and Safety**
- **Housing**
- **Coronavirus**

#### Camden libraries

#### Camden Early Help

#### Camden Employment Support

#### Citizens Advice

#### Using a food bank

**Independent food banks:** **Urban Community Projects / The Pantry / Queens Crescent**

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### ISLINGTON

#### Islington - Advice

- **Free, independent advice on debt, benefits and housing**
- **Get help to manage your money**
- **Finding a home / Homelessness**
- **Resident support scheme**
- **Assistance for refugees and migrants**
- **Consumer advice – Protect yourself against scams**

#### Islington libraries

#### Islington Family Information Service

#### Islington Employment Support (iWork)

#### Help on your doorstep

#### Citizens Advice

#### Using a food bank

**Independent food banks:** **Ringcross Community / The Arc Centre / The Hive Foodbank**

CAMDEN

020 7974 1618

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ISLINGTON

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